

TOBERMORE PRIMARY SCHOOL

	Week Commencing: Monday 30 October 2017	Week Commencing: Monday 6 November 2017	Week Commencing: Monday 13 November 2017	Week Commencing: Monday 20 November 2017
MONDAY	SCHOOL CLOSED	Chicken Bites, beans and Mashed Potato or Chicken & Pasta Bake ≈ Strawberry Milkshake & Biscuit	Chicken Curry, Rice & Naan Bread or Fish Fingers, Beans & Chips ≈ Fresh Fruit or Yoghurt	Pizza or Fish Fingers, Peas & Chips or Potato ≈ Fresh Fruit or Yoghurt
TUESDAY	SCHOOL CLOSED	Savoury Mince, carrots and Mashed Potato or Pasta Bolognaise ≈ Pear & Chocolate Cake & Custard	Savoury Mince or Braised Steak, Carrots and Mashed Potato ≈ Fruit Sponge & Custard	Savoury Mince, Carrots & Mashed Potato or Pasta Bolognaise ≈ Pear & Chocolate Cake & Custard
WEDNESDAY	SCHOOL CLOSED	Roast Chicken, Gravy, Stuffing, Peas, Sweetcorn and Mashed Potato ≈ Fresh Fruit or Yoghurt	Roast Gammon, Gravy, Stuffing, Cabbage & Mashed Potato ≈ Strawberry Milkshake & Shortbread or Fruit	Roast Pork, Gravy, Stuffing, Peas, Sweetcorn & Mashed Potato ≈ Milkshake & Biscuit or Fruit
THURSDAY	Roast Chicken, Gravy, Stuffing, Peas, Sweetcorn and Mashed Potato ≈ Fresh Fruit or Yoghurt	Fish Fingers, Beans and Mashed Potato or Chicken Baguette & Coleslaw ≈ Fruit Sponge & Custard	Roast Chicken, Gravy, Sweetcorn & Mashed Potato or Chicken Baguette & Coleslaw ≈ Marble Cake & Custard	Roast Chicken, Gravy, Sweetcorn and Mashed Potato ≈ Fruit Sponge & Custard
FRIDAY	Fish Fingers, Beans and Chips or wedges ≈ Frozen Yoghurt or Fruit or Yoghurt	Savoury Rice or Oven-baked Sausages, Peas, Gravy and Chips ≈ Frozen Yoghurt or Yoghurt or Fruit	Macaroni Cheese or Steakburger, Tossed Salad & Chips ≈ Frozen Yoghurt or Fruit or Yoghurt	Salmon Fillets or Hotdog, Tossed Salad & Chips or Rice ≈ Frozen Yoghurt or Fruit or Yoghurt

Extra vegetables are added to all dishes eg to mince; and pureed fruit is added to all desserts.

On a day when custard is not served, yoghurts are available.

Each child can have a slice of bread, a piece of fruit and a beaker of milk which is included in the price of a school meal - £2.60

This menu may contain traces of nuts.